

HOLIDAY

By Kamalashila

Take a holiday.

Take a holiday from being someone.

Take a holiday from being somewhere.

Take a holiday from it being a time.

Take a holiday from it being now.

Take a break from wanting things

A holiday from hopes.

Let things not happen after all.

Take a break from fearing things

Let the universe do what it pleases.

It will anyway.

The universe is having a holiday.

Why not you?

<https://www.vessantara.net/home/other-resources/talks-and-articles/spiritual-receptivity-and-just-sitting>